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SECTION THREE  
GRADUATE CERTIFICATE PROGRAMS

*Transformative Leadership*

Nine-Month Program: January-September 2011

We have more  
possibilities available  
in each moment than  
we realize.

—Thich Nhat  
Hanh

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# About the Program

## Overview

The Graduate Certificate in Transformative Leadership is designed for established and developing leaders seeking a non-traditional path to enhance their skills in order to create constructive change personally, in the workplace, and in the larger community. Through deeply personal transformation and daily practice, leadership is redefined. Students discern and implement ways to take new ideas and insight into their work and all relationships in order to affect change. Students come from a variety of professional backgrounds and find this program to be life changing and powerfully applicable to their own unique setting.

The graduate certificate is the first nine months (12 credits) of the Masters of Arts in Transformative Leadership and Social Change program. The coursework includes the following courses: **SOPHIA® (School of Philosophy and Healing in Action®)**, Revisioning a Sense of Calling and Commitment, and Practicing Leadership. Students in the program are also required to participate in the Transformative Practice Groups and Consolidation Weekend.

Participants who are accepted for this executive-format educational experience have the option to continue study for the master's degree in transformative leadership and social change after receiving the graduate certificate. The admissions requirements are identical for both the master's degree and the graduate certificate. Program costs include application fees, matriculation fees and program tuition. Please contact the Office of Admissions for more information.

## Program Goals

Those awarded the Tai Sophia graduate certificate in transformative leadership will:

- Gain clarity, vision and commitment to personal and professional goals
- Engage in daily transformative practices that foster mindful action and reflective awareness
- Learn leadership principles grounded in ancient wisdom and healing traditions
- Take new ideas and visions into work, home, and the community to effect positive change

# Admission Requirements

## Degree Requirements

Applicants for admission to Tai Sophia Institute must submit:

- Official transcripts to verify completion of a baccalaureate (bachelor's) degree.
- Official transcripts of the highest degree earned beyond a baccalaureate.

Internationally educated students please refer to the additional instructions outlined under the heading International Students in the General Admissions Process section of this catalog.

If your undergraduate degree was not completed at a college or university recognized by a U.S. Department of Education accrediting body, copies of the institution's academic catalog will be required and course syllabi may be requested.

In exceptional circumstances, individuals who have not completed a bachelor's degree may be eligible for enrollment. Please contact the office of graduate admissions for further details.

# Academic Calendar

The program begins once yearly in January. Please contact the Office of Graduate Admissions for a formal schedule of class meetings. Between scheduled class sessions students meet with their Transformative Practice Groups; however, the group decides the schedule for these meetings. The Transformative Leadership and Social Change program weekends are held Friday evenings 6:00 – 9:00 p.m., Saturdays 9:00 a.m. to 5:00 p.m., and Sundays 8:30 a.m. to 4:30 p.m.

## Course of Study

### Core Requirements

(to develop a Larger World and Deeper Work)

Number	Course Name	Semester Credits
TLSC 600	<b>SOPHIA® (School of Philosophy and Healing in Action®)</b>	6.0
TLSC 610	Revisoning a Sense of Calling and Commitment	3.0
TLSC 615	Practicing Leadership & Consolidation Weekend I	3.0
<b>TOTAL REQUIRED CREDITS</b>		<b>12.0</b>

# Curriculum

### Core Courses

The theme for the first half of the program is commitment in oneness to one another and nature. The theme for the second half of the program is stillness and service, allowing students to deepen into the wisdom traditions and learn more effective ways to be in service to the human family and beyond.

#### TLSC 600

#### **SOPHIA® (School of Philosophy and Healing in Action®) Intensive Course**

#### **6.00 Semester Credits**

Based on the cycles of nature, this opening intensive introduces the philosophical underpinnings of the Institute and includes the experience of chi, the rhythms of nature, life skills, language and theory. In the concluding weekend, students apply the healing functions to the smallest relational field: partnerships. They learn how to see life as partnership and how to bring partnership to life more fully.

#### TLSC 610

#### **Revisoning a Sense of Calling and Commitment:**

#### **Gifts to Serve the Next Generation**

#### **3.00 Semester Credits**

Students are invited to explore their personal and professional gifts in the context of the human story. This course sets the stage for selecting an area of emphasis for our life's work as it will be created through the individualized application phase. Structurally, the course explores several themes: moving away to gain distance, a time to discover one's gifts, and a return to share those gifts in new ways. This process involves reassessing personal goals, reanimating the deep nature of professions, and embedding all in the context of service.

#### TLSC 615

#### **Practicing Leadership**

#### **3.00 Semester Credits**

This innovative unit weaves together the wisdom of nature, language skills, and contemporary practices to create a unique model of effective leadership. In this interactive course students will begin to apply these skills to the larger relational fields of organizations and communities. On-the-job opportunities and challenges will be the source for developing leadership competencies.

### Transformative Practice Groups

Students are assigned to small practice groups. These groups, facilitated by faculty, give students the opportunity to explore and teach one another about what the group is learning in daily practice through observing nature, dwelling in the wisdom traditions, and being attentive to their life with others. Work in a practice group is an integral part of the required core courses. At each meeting, learners will create conversations based on structured assignments that demonstrate increased ability to serve life and to embody the intended outcomes of the program. These include both knowledge and practice components. Participants will practice coaching one another in honing their skills of mind and heart. These groups meet on the Friday evenings of the "weekend format" units, and at least once

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# Faculty Biographies

between units — either in person or via electronic means. Students are required to maintain daily logbooks to document their experiences with the practices assigned in each course.

## **Consolidation Weekends & Intensives**

Students will begin the program with a five-day SOPHIA intensive in January. The Consolidation Weekend, which provides the opportunity for review and integration of the work conducted during previous weeks, including coaching and mentoring, occurs in September. The Consolidation Weekend is a unique feature of our program. They are co-designed by students and faculty to ensure that learning is cumulative and effective.

## **Demonstration/Documentation of Learning**

Demonstration/documentation of learning is important for the integrity of the program and for learning to be assessed. For the Graduate Certificate program this includes:

- (a) maintaining daily practice logs
- (b) course participation
- (c) writing essays on the readings
- (d) peer coaching
- (e) self-assessment forms filled out and discussed after the first six months of the program
- (f) other assignments related to specific course and program goals and outcomes

Biographies of core faculty are included at the end of the Master of Arts in Transformative Leadership and Social Change program section of the catalog.