



**Tai Sophia
Institute**

REUNION POINT

Spring 2007 Volume 18, Number 1

Alumni Newsletter

Alumni Survey

Dear Friends,

This past year the Alumni Council has been hard at work revising the annual Alumni survey. I would like to thank the following members for their time and diligence: Council Chair, Barbara Walker (ACU'00); COO of Tai Sophia Institute, Barbara Ellrich; Craig Kerr (ACU'00); Judith Goedeke (ACU'95); Geo Derick (HRB'02); Robyn Urbach (HRB'02); and Sandy River (ACU'95).

From these many sessions has come what we hope will be a more user-friendly version of the survey. **The only statistics we can report are those we receive.** If you decide you do not want to respond, your choice will be honored. However, the statistics that are reported (and not reported) may then skew the information given to perspective students. If things are not going well for you, we need to know that as well. The Institute would like to partner with you in whatever it would take to solidify your world work.

An online version of the survey is in the works, and our hope is to offer that option next year. If you are interested in receiving the survey online, please let us know by filling out that section on the survey. For the time being, a self-addressed, postage-paid envelope has been included for your convenience.

Also, would you consider joining the Alumni Council? You can do so by sending an email to me at phartke@tai.edu. Let's discuss the joys and challenges of being in practice, and be in conversation as to how the Institute can support you in your work. Are you are interested in attending health fairs, speaking about Tai Sophia Institute, or helping others explore careers in healing professions? Consider adding your name and contact information to the Speaker's Bureau list. The possibilities are out there! It is up to you to make them happen.

Warmly,

Pamela Hartke

P.S. I have included a 20% off coupon to the Meeting Point Bookstore Café as an acknowledgement of your time and effort in answering the 2006 Alumni Survey. The results will be posted in the June '07 issue of Reunion Point. In the meantime, please come and enjoy the wide variety of items that the Meeting Point has to offer!



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national news

NCCAOM has moved from Alexandria, Virginia, to Jacksonville, Florida, effective January 31, 2007. Please see their website for more information at www.NCCAOM.org.

Are you looking for a way to finance your practice? Perhaps open a new practice in Howard County? You may want to investigate the JREF group. The company assists small and emerging businesses located in Howard County, Maryland, in obtaining loans up to \$150,000 in order to meet expansion, start-up, or real estate costs. Funding is available through partnership with the Howard County Government, Community Development Block Grant program, private contributions, and various local lending institutions. To qualify for such a loan, your business must be located in Howard County, must be a for-profit venture, and must be a full-time endeavor. For additional information, please visit their website at www.jref.org, email them at info@jref.org, or call Michael Mobley, JREF Executive Director, at 410-313-6170.

Pennsylvania Acupuncturists no longer need physician referrals prior to treatment. On the last day of its 2006 session, the Pennsylvania legislature unanimously passed an amendment to a 1985 bill requiring acupuncturists to secure a doctor's referral slip before providing treatment. Since 2002, the APA (Association for Professional Acupuncture) has been working diligently to get this amendment passed.

The Michigan Board of Acupuncture was established February 23, 2006, and is responsible for creating a set of rules and standards for allowing practitioners now to be Registered Acupuncturists. The hope is that this move will lead to the willingness of insurance companies to pay for treatments in Michigan. The bill took effect on July 1, 2006.

AAOM and the AOM Alliance have agreed to reunite, forming a new, cohesive organization: American Association of Acupuncture and Oriental Medicine (AAAOM). By combining forces and healing wounds created 14 years ago, the new organization hopes to move forward with a strong organization rooted in the time-honored traditions practiced in the world of Oriental Medicine as well as the world of Acupuncture. Please visit their website at www.AAAOM.edu for further information.

Give us your web address for listing

Many of you have requested that your website be listed along with your Practitioner Referral information on Tai Sophia's website. At long last we are able to make this happen. This gives all of us an excellent opportunity to be in partnership by cross-referencing websites: Tai Sophia will include your web information on its website, and you can partner with the Institute by listing its web information on your own website. If you currently do not include Tai Sophia Institute as a link on your page, I ask that you please do so. Together, we can offer the public a richer and wider resource for information about the healing arts. A space has been provided for your web information on the alumni survey. Please complete your survey and return it to me in the postage-paid envelope. Thank you for your partnership!

Complementary Medicine and the Medical Reserve Corps

In the wake of 9/11 and Katrina, local and state governments have created Medical Reserve Corps (MRC) to respond to emergency and disaster situations on a local level. Initially, these groups of volunteers were drawn primarily from the Western medical community. Howard County's MRC, still in its formative stages, has an interim director, Laurie Nelson, who is very open to the idea of complementary practitioners as an essential aspect of this work.

In March 2006, I met with Howard County's MRC director to discuss the role of acupuncturists specifically, and complementary practitioners in general in this organization. We were in complete agreement that this would be a great benefit to the organization, and created a plan to recruit acupuncturists as well as other complementary practitioners.

Thus far we have recruited acupuncturists, massage therapists, music therapists, reiki therapists, and others to become part of this community service project. At this point, the complementary practitioners are considered the secondary line of responders. We have plans for these individuals to be called up and work outside of the direct disaster situation, assisting first responders such as firefighters, police, and EMTs during their breaks, as well as victims of the disaster.

All Howard County MRC volunteers are invited to receive Community Emergency Response Team training, which provides the needed skills to be in the forefront of a disaster. The training includes first aid, CPR, light search and rescue, light fire suppression, and team organization. While this training is available to all citizens regardless of medical training, it is invaluable to MRC volunteers who may be called upon for their unique skills and then find themselves in a situation that requires the ability to organize a team quickly or deal with immediate, unexpected hazards.

Anyone with Western or complementary medical skills who is interested in becoming involved in this type of community support should contact their local government or check out the CERT site, <https://www.citizen corps.gov/cert/>, which can lead you to your local MRC.

Acupuncturists (including Tai Sophia graduates) demonstrated how valuable their skills are during the 9/11 disaster and following Katrina, where they served through Acupuncturists Without Borders (<http://www.acuwithoutborders.org/>). In addition to acupuncturists, graduates of any Tai Sophia master's program will be welcomed for their unique skills. Laurie Nelson, HCMRC director, has expressed an interest in utilizing the SOPHIA skills of Tai Sophia grads in situations where a calming influence and ability to reframe are essential, such as in a flu pandemic and evacuation facilities. The MRC is still exploring this area of its work.

— S. Hunter Thompson (S97 ACU, J02AHA)

The Meeting Point hours:

Mondays – Thursdays: 8:00 a.m. - 6:00 p.m.

Fridays: 8:00 a.m. - 4:00 p.m.

(Call for Saturday and Sunday schedules: 410-888-9048 ext. 6632)

We have a wonderful selection of the very best acupuncture, herbal medicine, and healing arts books, music, and gifts! The café is open daily. Enjoy delicious offerings of Fair Trade coffees, espresso drinks, fresh baked goods, and freshly made sandwiches and salads.

practice news

Acupuncture News

JANICE CAMPBELL (ACU'02) is growing her practice by offering "Acupuncture Happy Hours." The healing experience is offered on Friday evenings and includes a simple, relaxing treatment, a specially formulated cup of herbal tea, and a guided meditation with a maximum of eight people per seating. Employers are invited to arrange on-site visits as a special treat for their employees! Please visit her website for further information, www.ancientartsacupuncture.com.

JUDITH ROZIER (ACU'01) has had so many people ask her how to deal with insurance and acupuncture that she has developed a consultation service. The consultation offers training, phone numbers, credentialing process, how to register with Payerpath for free claim submissions and how much it pays, how to find the ICD9 codes, and any questions you may have. Please contact Judith at Judith_rozier@msn.com.

LANCE ISAKOV (ACU'00) teamed with friends to open "The Well" in Ellicott City, MD, on November 1, '06. Lance is joined by **JENNIFER STUKEY** (ACU'02), **REBECCA SNYDER** (ACU'03), **LAUREN TORZILLO** (HRB'02) and others in offering a center for the healing arts. At The Well you can treat yourself to tea or coffee while shopping for books or scheduling a treatment or consultation. Please visit their website at www.ellicottcitywellness.com.

SUE BERMAN (ACU'97) has opened "Blue Heron Wellness" in Silver Spring, MD, and on January 17, '07, held a special open house for all Tai Sophia friends, colleagues, and students. Sue is joined by herbal medicine graduate **CHARLENE MUHAMMAD** (HRB'03), acupuncturist **STEPHANIE JUDGE** (ACU'99), and acupuncturist and yoga teacher **JENNIFER STUCKEY** (ACU'02), among others, in offering to all a healing experience. Please visit their website at www.blueheronwellness.com.

LAUREN TORZILLO (HRB'02) is wearing many hats these days. You can find Lauren working at Tai Sophia Institute in the Herb Room; at the Faculty Clinic of the Institute as the first Herbal Resident; practicing as well as conducting workshops at The Well in Ellicott City, MD; and offering organic landscaping and gutter service through her own business, Garden and Gutter Services. At The Well, Lauren offers herbal consultations, teaches courses, and maintains and stocks an herbal apothecary with her own homemade products from PassionFlower Botanicals. If you would like to contact Lauren concerning any of the above-mentioned services, please call 443-812-9634.

ALAINE DUNCAN (ACU'88) of Crossings HealingWorks is working with the Command of Walter Reed Army Medical Center (WRAMC) to establish a "Restore and Renew Wellness Clinic" at WRAMC. It will provide acupuncture and therapeutic bodywork; training in complementary medicine's approaches to stress reduction; and a family education and self-care support group. This on-site stress reduction clinic will serve WRAMC nurses, doctors, chaplains, social

workers, administrators and support staff, as well as family members of in-patient soldiers. "We are raising funds to help make this clinic a reality, and need \$20,000 to provide a six-week pilot project," Alaine says. Anyone wishing to give a tax-deductible donation, please send it to Crossings HealingWorks, 8505 Fenton Street, Suite 202, Silver Spring, MD 20910. To learn more, please visit www.crossingshealing.com; scroll down the menu to the very bottom and click on "Crossings Healingworks"; scroll down again to "Caring for the Caregivers at Crossings Healingworks" and click on "A Report on Stress Reduction Program for the Nursing Staff at Walter Reed Army Medical Center."

JACK DANIEL (ACU'72) announced on his website that he "has recently been appointed to the staff of Johns Hopkins University School of Medicine, Johns Hopkins Hospital, as Acupuncturist in the Complementary and Alternative Medicine (CAM) Program in the Oncology Unit." Congratulations, Jack!

In addition to the Laurel clinic, **HUNTER THOMPSON** (ACU'97) has opened a new practice in Owings Mills, MD. Her new office is easily accessible from the beltway. Please visit her website at www.hunteracupuncture.com for details.

LISA MARIE PRICE (ACU'98) opened her new practice, "Healthpointe Community Acupuncture," November, '06 in Gaithersburg, MD. It is the first clinic in Maryland (to our knowledge) based on the Working Class Acupuncture (WCA) model.

The location is "nestled in a quiet corner of five beautiful acres belonging to Unity Church. It affords privacy, escape from the noise of the surrounding city, and a chance for all of us to get our balance in today's hectic world."



Lisa Marie Price
at Healthpointe Community Acupuncture

Lisa Marie is excited to make acupuncture available to patients who would not otherwise be able to afford treatment. Read more by visiting Lisa Marie's website at www.healthpointemd.com.

alumni news

Herbal Medicine News

The Herbal Medicine class of '05 sponsored the Herbal Medicine Show on Friday, December 1, '06, as a culmination of their Herbal Preparations training. Lots of food, drinks, and elixirs were enjoyed by all!

Kevin Spelman, Chair of the Clinical Division, Herbal Medicine Program, participated in a panel discussion on "Herbal Remedies and Botanical Medicines in the Cross Fire: Research, Education, Politics and Regulation" at CAM Expo in New York City on February 8, '07. Kevin's article, "Ecopharmacology: Molecular Details," was featured in the Winter 2007 issue of Unified Energetics magazine.

PORCHE KLEMM (HRB'03) has accepted the position of Program Coordinator, Herbal Medicine, at Tai Sophia Institute. Should you need to reach Porche, she is at extension 6616. Please join me in welcoming Porche to her new post.

Applied Healing Arts News

FRANCES and **JOHN ROYO** (AHA'04) have launched their website as part of their independent study for the Applied Healing Arts program. The website will be a resource for environmentally friendly products and services. Please visit their site at www.LiveEarthFriendly.com. As the site expands, be sure to sign up for their e-newsletter by sending an email to info@liveearthfriendly.com.

passages

SANDY CAMPER (ACU'93) and her husband Kevin Rhoads announce the birth of their daughter, Eve, on November 1, '06, at 12:25 p.m. Eve weighed 8 pounds, 3 ounces, and was 20.5 inches long. Sandy and Kevin also have a son, Garrett, who is two.

AGATHA NAGY (ACU'79) passed away during the fall of 2006. Please join the Tai Sophia community in sending our condolences to her family, and in a deep bow of respect for the healing work Agatha performed during her lifetime.

workshops by alums

JACK DANIEL (ACU'72) offered a one-day workshop, "Clinical Advanced Training Program in Acupuncture," on Sunday, December 3, '06; a new course entitled "The Art of Superior History Taking" on January 14, '07; and "Advanced Pulse Diagnosis Training Program" on February 25, '07. All were offered in Columbia, MD. Future course offerings include "Ethics Issues in Oriental Medicine" in March in Boston, MA, and a "Tongue Diagnosis" workshop in Columbia, MD, in April. Please visit his website for future offerings at www.thewholecircle.com.

BOB BROWN (ACU'79) taught a NCCAOM-approved Zero Balancing Intensive certification program at Tai Sophia Institute on February 16-19, '06. For future offerings, please contact Bob at ZBBob@aol.com.

LYNN SCHWARTZ (ACU'91) offered "The Transformational Art of Five Element Acupuncture" on Saturday and Sunday, March 17 & 18, '07, described as the opportunity to "take the next step in the art of patient diagnosis and treatment." The seminar provides a laboratory in which you interact with a patient using the senses (CSOE), and receive direct feedback and coaching. Please contact Maureen Gary at MO1802@aol.com.

LONNY JARRETT (ACU'84) will offer a two-year clinical integration course beginning in September '07. This is the eighth time Lonny has given the course. The class will consist of 12 weekends over a two-year period beginning in the fall of '07. The classes will meet in Stockbridge, MA, on 12 Saturdays and Sundays. The class is approved for CEUs by Massachusetts, Nevada, California, and the NCCAOM. Please contact Lonny at revolution@nycap.rr.com for further information. Lonny also offered a one-day workshop described as "suitable for practitioners, patients, or anyone with deep interest in Chinese medicine" on January 13, '07, in New York City. CEUs were offered.

JANE GRISSMER (ACU'79) presented "Tai Chi: Movement, Energy and Meditation as a Way of Being" through the Smithsonian Resident Associate Program, January 29 through March 12, '07, at the S. Dillion Ripley Center, Washington, D.C. For future offerings, please visit www.residentassociates.org.

DIANNE CONNELLY (ACU'72) co-founder and Chancellor of Tai Sophia Institute offered her workshop, "Medicine Words: Language of Love for the Treatment Room of Life" on Wednesday, March 28, '07.

Submissions for June 2007 Reunion Point

Please remember to submit any information about yourself, your practice and other interesting news by May 18, 2007 for the next issue of Reunion Point. All of the above information was included because someone told us. Your colleagues are interested in what you are doing, so please help us keep them informed.

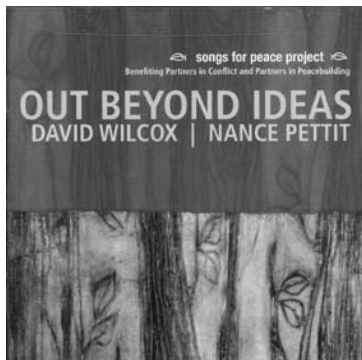
alumni news

seen & heard

ROBERT DUGGAN (ACU'72)

President and Co-founder of Tai Sophia Institute, presented "Patient Empowerment vs. Practitioner Responsibility for Diagnosis and Public Health Requirements" Friday, February 9, '07, as the keynote speaker for CAM Expo 2007 in New York, New York.

NANCE PETTIT (ACU'98) and David Wilcox are currently selling their CD, "Out Beyond Ideas," at Tai Sophia Institute's Meeting Point Café. It features songs for peace, and draws on the words of Rumi and other mystics from the world's faith traditions. Proceeds from the CD benefit the "Partners in Conflict and Partners in Peacebuilding" program. Nance and David also appeared at St. Mark's Church in Washington, D.C., February 2, '07. If you are interested in purchasing a copy of the CD, please visit the café or contact the Meeting Point at 410-888-9048 ext. 6632. If you are interested in learning more about Nance and David's project, please visit their website at www.outbeyondideas.org.



Nance Pettit & David Wilcox's CD

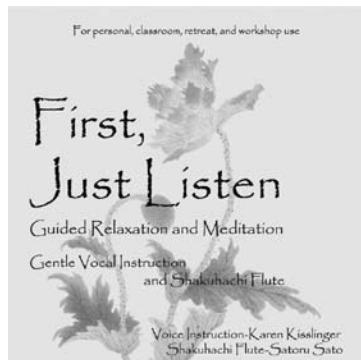
KAREN KISSLINGER (ACU'78)

is also offering her CD, "First, Just Listen – Guided Relaxation and Meditation," in the Meeting Point Café. In her acupuncture practice, the CD is a supportive tool for her patients who wish to find greater relaxation and peace of mind. Karen also has a daily radio show, "Time to Relax," on WKZE in the mid-Hudson Valley, as well as a regular newspaper column called "Way of Life" in the Healthy Living section of the Poughkeepsie Journal. To purchase the CD, please stop by the Meeting Point or call to order your copy.

LYDIA WAINWRIGHT

(ACU'00) was featured in an article on animal acupuncture written by Karen McLaughlin in the November 25, '06 issue of The Capitol, a daily newspaper serving Anne Arundel County and Kent Island.

EDNA BRANDT (ACU'86) presented a lecture on "The Art of Chinese Medicine" at the Maryland Institute College of Art in Baltimore, MD, on November 3, '06.



Karen Kisslinger's meditation CD

ALAINE DUNCAN (ACU'88),

founder of Crossings, was on a panel for Maryland's First Annual Restorative Justice Conference. The topic of discussion was "Speaking Truth in Restorative Justice: A Story that Builds Community." The conference, inspired by and developed under the leadership of **BELINDA REED** (AHA'02), was held at Howard Community College in Columbia, MD, November 16 & 17, '06.

BARBARA ABRAMS (ACU'93)

presented her video-lecture and short silent meditation, "The Power of Now," at Tai Sophia on February 6 and March 6, '07. For information about Barbara's upcoming lectures, please email her at Barbara@SpaciousHealth.com.

LYNN GARDNER (AHA'02)

is once again offering her "Radical Sabbatical." Opportunities in 2007 include an inviting journey to Peru as well as a "Sailing Sabbatical" on a 44-foot Lagoon 440 Catamaran! You have a choice of destinations for the Sailing Sabbatical: the Grenedines, St. Maartin, Bahamas, or British Virgin Islands. The boat is fully crewed and is limited to six persons with double occupancy. Please visit Lynn's website at www.radicalsabbatical.net for further information and pictures of the destinations.

FRANCES L. GANDER

(ACU'90) presented two seminars at Hocking College in Nelsonville, OH: "Asian Healing Energetics," February 16-18, and "Taiji I," March 9-11, '07. Both seminars offered credit and continuing education units. On February 28, '07, her Three Treasures Health Center will be featured in the Health Vision series on WOUB-TV, Athens, OH. On May 7, '07, Frances has been asked to speak on acupuncture to the students at the Ohio College of Osteopathy in Athens. She had given a presentation there a year ago and has been asked to give a repeat performance!

ELIZABETH L. FELLOWS

(ACU'03) was interviewed and featured in the "A Healthier You" section of the Prince George's Gazette on February 1, '07.

Do you have something for the Marketplace?

Do you have office space for rent? Practice for sale? Check out the Tai Sophia website. Go to "Alumni" on the top toolbar and click on "Marketplace."

The listings are posted for one month on the Marketplace page. The date at the beginning of each listing indicates the date it was posted. If you have information you would like to post on the website, please contact Hunter Thompson at hthompson@tai.edu.

library notes

Library Hours

From Jan. 2 – April 13, 2007, Tai Sophia's Spring Trimester

These are the Library's core open hours (when classes are in session):

Mon., Wed., Fri.: 11 a.m. – 5 p.m.

Tues. & Thurs.: 11 a.m. – 8 p.m.

Also open Saturdays:

Jan. 6, Feb. 10, Mar. 10, and Apr. 7, from 10 a.m. - 2:30 p.m.

If you plan to make a special trip to the campus to use the library, please call ahead to double check the hours or to see if we may open earlier on that day: 410-888-9048 ext. 6644 or ext. 6645

To browse the collection online (books, journal titles, DVDs, CD, video and audiotapes), go to www.tai.edu, click "Library," then "Catalog."

New at the Tai Sophia Library

General Guidelines for Methodologies on Research and Evaluation of Traditional Medicine. (2000). Geneva: World Health Organization.

In this publication, the World Health Organization (WHO) concentrates on methodologies and evaluation of the most widely used medicines, with an emphasis on herbal medicine. The book includes internationally accepted definitions of research terms, and stresses the importance of assessing the safety and effectiveness of herbal medicines in order to properly prescribe and evaluate their usage.

This report claims that it is essential to know which plant species make up each formula and to examine authoritative reports and primary research for detailed analysis. According to the report, new clinical research must be done on herbal medicines not yet adequately tested (or reported on) for human use.

Guidelines are provided for effective clinical research, including study design techniques such as single-case design, black-box design, ethnographic design, and observational design. There are clear instructions for the proper selection of patients, sample size, control groups, randomization, and blind assessment. WHO concludes by acknowledging that traditional medicine seeks to support individuals in maintaining their health and improving their quality of life.

—Jeffrey Gordon

In the Tai Sophia Library:

WHO Traditional Medicine Strategy 2002-2005

This publication from the World Health Organization is of particular interest to practitioners of Chinese and Western herbal medicine, due to the national issue raised recently by the Traditional Medicines Congress about assuring access to traditional medicines in the United States. World Health Organization Traditional Strategy 2002-2005, recently catalogued in Tai Sophia's library, provides a definition of "traditional medicine" from which policymakers, health professionals, and the public can work. Based on developing countries' reliance on traditional medicines and the increasing popularity of CAM in developed countries, the WHO asserts the need for nations to design policies relevant to traditional medicine.

A significant chapter of WHO TM Strategy states the rationale for providing a plan of action for TM policy, and charts the objectives, components, and expected outcomes for 2002-2005. Among the desired outcomes are policies that integrate TM/CAM with national healthcare systems — policies that increase recognition and government support while protecting and preserving indigenous TM knowledge, using measures such as the development of digital TM libraries and the promotion of sustainable use and cultivation of medicinal plants.

The action plan also includes policies that promote the safety, efficacy, and quality of TM/CAM by expanding the knowledge base and providing guidance on regulatory and quality assurance standards; strategies include using technical reviews of research on the prevention, treatment, and management of common disease and conditions, with support for selective clinical research into the use of TM/CAM for priority health problems such as malaria and HIV/AIDS. Also suggested are policies that require national regulation of herbal medicine, including registration, technical guidelines, methodology, and criteria for evidence-based data used for evaluating safety, efficacy, and quality of TM/CAM. The WHO report suggests methods for increasing access to TM/CAM, with an emphasis on access for poor populations. These methods include encouraging interaction and dialogue between TM/CAM practitioners and allopathic practitioners, and finding criteria and indicators to measure equitable access to TM/CAM and its cost-effectiveness.

The WHO strategy also promotes therapeutically sound use by providers, proposing basic training in commonly used TM/CAM therapies for allopathic practitioners, as well as primary healthcare training for TM practitioners. It promotes sound use of these therapies by consumers through efforts to improve the dissemination of information, and through communication between patients and allopathic practitioners.

Practitioners of complementary and alternative medicine (particularly herbalists) who are interested in legislation, will find the WHO Traditional Medicine Strategy 2002-2005 informative and useful as they engage in the ongoing conversation about the regulation of traditional medicines.

—Holli Richey (HRB'05)

graduate education

NCCAOM Review Class

Fridays, March 23 – June 1 3:00 p.m. – 5:30 p.m.

This course offers you one of the most comprehensive ways to prepare for the national exam. Sessions include what to study, how to study, how to pace yourself, and how to prioritize. This

structured study experience is timed to give you 11 weeks of class, followed by two weeks to integrate the material before the national exam.

Fee: \$250 / Study guide is purchased in class for \$45 **CEUs:** 27.5

Instructor: Heidi Most

Life with an Internal Bamboo Pole: Moxa and Needling Workshop

Saturday, March 24, and Sunday, March 25 9:00 a.m. – 5:00 p.m.

Improving needling is largely a matter of confidence. In this program we will focus on breath, thought, and inner balance to create an experience of fluent, focused relaxation that can be recreated every time we needle a patient.

To assist true healing of our patients at all levels of body/mind/spirit, we are required to touch the body, the mind, and the spirit as needed and at will.

This is accomplished, not just with our rapport and intimacy, but via our treatment instruments — the needles and moxa. The workshop will provide you with a space to work on your internal intention and learn more about your craftsman's tools through energetic exercises as well as needling and moxa practicals.

Fee: \$275 / Tai Sophia Students: \$225 **CEUs:** 12

Instructor: Niki Bilton

Feng Shui Harmony

Saturday, April 14 10:00 a.m. – 3:00 p.m.

Feng Shui is an amazing system of guidance to look at your home and your life from a deep, inner level. As the five elements prevail and transform through the seasons, they influence the cycles connected to your birth day, hour, month, and year, and provide insight into your unique template of Qi.

This valuable information uncovers many aspects of the richness of your soul's evolving purpose, along with your personal relationship to the five elements and insightful timing for plans. Led by renowned Feng Shui expert Hope Karan

Gerecht, this workshop will provide you with an in-depth understanding of facets of your personal Qi and include many ways to apply this personalized information, along with numerous general Feng Shui tips and information to enhance both your living and working environments. You will learn ways to gather Qi, balance the five elements, and create greater harmony, grace, and support for each person and his/her home. Registration deadline April 10.

Participants will receive a detailed, personalized Feng Shui chart. When you enroll for this course, please provide your birth date, birth time, and location.

Fee: \$135 / **CEUs:** 4

Instructor: Hope Karan Gerecht

The Extended Mind: Recent Experimental Evidence

Saturday, April 21 1:00 p.m. – 4:00 p.m.

We have been brought up to believe that the mind is located inside the head. But there are good reasons for thinking that this view is much too limited.

Recent experimental results show that people can influence others at a distance just by looking at them, even if they look from behind and if all sensory clues are eliminated. Animals can be affected by human looks, and vice versa. People's intentions can also be detected telepathically by animals from miles away. Hundreds of recent tests have also shown that some people can tell who is calling them before they pick up the phone. Our minds seem to extend out beyond our brains both through attention and intention; and the mind also extends beyond the brain within our bodies. Rupert Sheldrake, one of the world's most innovative biologists, will show how his hypothesis of morphic fields could help provide an explanation for this phenomena.

Fee: \$30 / **CEUs:** 3

Instructor: Rupert Sheldrake

To register for Graduate Education offerings, please call 410-888-9048, ext.6611.

Redefining Health

For a weekend of spirit, mind, and body, join us for the next "Redefining Health" program offered on June 2 – 3, 2007. Instructors: Dianne M. Connelly and Bob Duggan. Please indicate at time of registration if you will be seeking professional continuing education credits for this workshop. To register, contact Community Programs at 410-888-9048 ext.6611.

REUNION POINT

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 or email: reunionpoint@tai.edu

Visit our website: www.tai.edu

JOURNEY TO COSTA RICA



People, Plants and Healers with James Duke, Ph.D.

August 11-19, 2007 9-Day Expedition from \$2,294

INCLUDES: Accommodations, 3 meals a day in Costa Rica,
Naturalist guides and land transportation.

Price based on 2 people sharing a room. Single supplement is an
additional \$660.

NOT INCLUDED: Airfare from your city to San Jose, Costa Rica
is additional. The airfare from the Washington/Baltimore region
estimated from \$682 including tax. Air within Costa Rica estimated
at \$134 including tax.

**For more information, contact
Robyn Urbach, Associate Director,
Herbal Medicine Program at
410-888-9048 ext. 6665.**



**Tai Sophia
Institute**

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DATED MATERIAL