



Tai Sophia Institute
**Chinese Herb
Certificate Program**
September, 2008 - June, 2011

Overview

Tai Sophia Institute offers a stand-alone post-baccalaureate Chinese herb certificate program that is unique and remarkable for its integration of the five-element and eight-principle Zang/Fu diagnostic and treatment models. The course includes a comprehensive didactic component as well as a clinical rotation. Students will learn how to move seamlessly from intake through pattern discrimination, formula selections and modifications, while developing a thorough and integrated picture of each patient. Chinese herbalism enables you to offer your patients a powerful and complementary modality for healing.

Program Goals

- To provide students with the ability to formulate safe and effective herbal responses that encompass the body, mind, and spirit of their patients.
- To progress in clinical skills (diagnosis, formula planning, treatment delivery, and patient management) through treatment supervision and discussion. Students progress from requiring close supervision to working independently.

Outcomes of the Program

The student will demonstrate:

- A familiarity with both individual Chinese herbs and classical prescriptions.
- The ability to identify individual herbs.
- The ability to construct an herbal formula that encompasses the practitioner's therapeutic response to the body, mind, and spirit of the patient.
- The capability to order and prepare a formula of loose herbs or to recommend prepared herbal patent remedies.
- The competence to modify the formula to respond to the patient's changing condition.
- The ability to look at a formula of individual herbs and understand what type of patient would benefit from that formula.
- The capacity to analyze a biomedically-defined illness in Chinese terms, and provide a differential herbal response.

Curricular Topics

- History of Chinese herbal medicine
- Introduction to TCM theories of disease
- Major historical doctors, including Zhang Zhong Jing, Li Dong Yuan, and Zhu Dan Xi
- Materia Medica-instruction on more than 350 herbs
- Food therapy/nutrition
- Introduction to formulae, tonics, and strategies-instruction on more than 200 formulas
- Therapeutic strategies for pathologies (internal medicine)
- Practice management, ethics, and laws
- Clinical internship and herbal dispensary
- Oriental diagnosis and treatment paradigms
- Western science for herbal medicine

Special Features of this Program

There will be comprehensive coverage of disease patterns, which include: Dermatology; Eyes, Ears, Nose and Throat; Gastroenterology; Gynecology; Neurology; Pediatrics; Proctology; Respiratory; Rheumatology; Traumatology; and Urology.

Format and Length of the Program

Three-day weekend sessions (Friday, Saturday, and Sunday) will be offered approximately every four weeks supplemented with online work. The course consists of a total of 660 hours, comprising 450 hours of didactic instruction and 210 hours of clinical experience; on a semester credit basis, the program is equivalent to 37 semester credits. The full course will be offered over a period of 30 months, and includes Sunday clinics after the first year.

Class Schedule

Friday	1:00 pm – 5:30 pm
Saturday	9:00 am – 5:30 pm
Sunday	9:00 am – 5:00 pm

Program Dates*

2008	September 12-14
	October 10-12
	November 7-9
	December 5-7
2009	January 9-11
	February 6-8
	March 6-8
	April 3-5
	May 1-3
	May 29-30
	September 11-13
	September 27
	October 9-11
	October 25
	November 6-8
	November 22
December 4-6	
2010	January 8-10
	January 24
	February 5-7
	February 21
	March 5-7
	April 9-11
	April 25
	May 13-16
	May 23
	June 11-13
	September 10-12
	September 26
	October 8-10
	October 24
	November 5-7
November 21	
December 3-5	
2011	January 7-9
	January 23
	February 4-6
	February 20
	March 4-6

*Dates are subject to change

Admission Requirements

Applications for the Chinese herb program are available in the office of graduate admissions and can be downloaded from our website. Applicants for admission to Tai Sophia's Chinese herb program must meet at least one of the following eligibility categories and submit the appropriate support documentation as listed. Once an application and support documentation are received, the office of graduate admissions will confirm your eligibility in writing.

- Graduate of Tai Sophia Institute's Master of Acupuncture program.
- Level III student in Tai Sophia Institute's Master of Acupuncture program as of the first day of class for the Chinese herb program. Note: This includes students in Jan 07 and earlier intakes. Eligibility will be contingent upon a review of your current M.Ac. enrollment and financial status.
- Graduate of Tai Sophia Institute's Master of Science in Herbal Medicine program. Note: Students admitted under this criterion may participate in and receive a document of completion only for the 450-hour didactic portion of the program and may not be registered in the clinical portion.
- Graduate of an acupuncture or Oriental medicine program that is accredited by or in candidacy with the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM). Note: Students currently registered at ACAOM accredited/candidate schools may be considered on a case-by-case basis dependent upon review of an official transcript to determine sufficient foundation in TCM theory.
 - *Required support documentation to confirm eligibility: Official transcript from ACAOM accredited/candidate institution*
- Currently licensed acupuncturist in the US who does not fall into any of the above categories.
 - *Required support documentation:*
 - Official transcript of your highest postsecondary degree*
 - Official transcript of your acupuncture education*
 - Current license to practice acupuncture*
- Professional healthcare provider currently licensed in the US to practice acupuncture within the scope of a medical practice.
 - *Required support documentation:*
 - Official transcript of your highest postsecondary degree*
 - Official transcript of your acupuncture education*
 - Current license to practice acupuncture*

Health Requirements

The following two items are required prior to the first day of class:

- Current, documented tuberculosis skin test (PPD) or physician's documentation of a negative chest x-ray if PPD skin test is positive.
- A completed "Hepatitis B Vaccination Form for Students"

declining vaccination, stating prior vaccination, or indicating plan to receive vaccination. A Hepatitis B Information Packet and Form will be provided to students approximately two to three months prior to start of the program.

Throughout the program, students must comply with health-related requirements. Students must remain current for PPD tests (tuberculosis screening), bloodborne pathogen training, and cardiopulmonary resuscitation certification (CPR). (You will be informed of the due dates for the latter two requirements once you start the program as they relate to actual clinic duties.) Each student also must be vaccinated for hepatitis B or specifically decline to do so. For health requirements that need to be updated regularly, the update must be completed prior to or within the month of expiration, and the documentation submitted to the registrar's office.

Fees

There is an application fee of \$75. Upon written confirmation of eligibility, a non-refundable new student matriculation fee of \$150 is due to hold your space in the class. Tuition for the program is \$13,250 paid in installments.

Financial Aid

Students in the Chinese herb program may be eligible for alternative educational loans and for veterans' benefits. Please contact our financial aid administrator at extension 6628 for details.

Refund Policy (tuition only)

A tuition refund will be calculated upon formal withdrawal or termination from the program. It is the student's responsibility to notify the school in writing if she or he is withdrawing from the program. Although it is clear that unforeseen circumstances may necessitate that a student withdraw from the program, we recommend that only individuals who have a strong commitment to complete the program apply.

Clinic Fees

The clinical portion of the program is designed specifically to prepare a student in all aspects of practice management — generating patients (six patients, each of whom comes for three sessions), speaking about treatment fees, collecting fees, and paying rent. The patient pays a clinic fee for each visit. Patient fees, which are paid to the Institute, subsidize the clinical portion of the Chinese herb program.

Guidelines and Requirements

Specific details regarding policies, guidelines, and regulations of the Institute and the Chinese herb program can be found in the Chinese Herb Student Handbook.

Please note: Graduates who have completed the Tai Sophia Master of Acupuncture program and received their diploma may not sit for the California licensing exam unless they have also successfully completed the Chinese herb program. This does not preclude a graduate from becoming licensed and practicing in Maryland while completing the California requirements (see page 39). Any graduate planning to practice outside of Maryland must check the acupuncture laws of a particular state to determine eligibility and requirements for licensure.

Course Descriptions

CHM I

Chinese Herbal Medicine I

5.00 Semester Credits

This course provides an introductory grounding in Chinese herbology and in basic TCM theory. Students will learn the history of Chinese herbology and diagnostic paradigms pertaining to Chinese herbal medicine, as well as patterns of disharmony associated with disease. Students will also learn the actions and effects of herbs and how to prepare herbs.

CHM II

Chinese Herbal Medicine II

5.75 Semester Credits

This course continues the grounding in Chinese herbology and TCM theory begun in CHM I. Students will become familiar with theories of the Pi Wei Lun and Xu Dan Xi, and continue their work on herb preparation and the effects of herbs.

CHM III

Chinese Herbal Medicine III

3.25 Semester Credits

The purpose of this course is to provide an introductory grounding in drug and herb interactions, legal issues, tongue and pulse diagnosis, and how they integrate with Chinese herbology and Chinese dietetics.

CHM CLS

Clinical Skills and Observation

1.50 Semester Credits

The purpose of this course is to provide students with a firm grounding in TCM intakes, diagnosis and treatment strategies.

CHM IV

Chinese Herbal Medicine IV

3.50 Semester Credits

This course is a continuation of CHM III. Students will continue their learning of herbal formulas and their effects, and will learn how to modify formulas appropriate to individual patient needs.

CHM CLI

Clinical Internship I

1.50 Semester Credits

The purpose of this course is to provide supervised clinical experience for the students treating their own patients. Support and guidance are provided to assist the students through the process of intake, diagnosis, treatment planning, formula selection and modification.

CHMV

Chinese Herbal Medicine V

4.75 Semester Credits

Students will continue the work of CHM IV in their learning of herbal formulas and their effects, and will learn how to modify formulas appropriate to individual patient needs. Students also will learn how to identify patterns and use formulas from the Shang Han Lun in modern practice.

CHM CLII

Clinical Internship II

1.75 Semester Credits

The purpose of this course is to provide supervised clinical experience for the students treating their own patients. Support and guidance are provided to assist the students through the process of intake, diagnosis, treatment planning, formula selection and modification, and the integration of acupuncture and herbs in treatment. Students will begin to practice with more independence during this course.

CHMVI

Chinese Herbal Medicine VI

7.75 Semester Credits

Students will learn the patterns of disharmony associated with a number of Western pathologies, including infertility, dermatology, infectious diseases, neurology, rheumatology, and traumatology.

CHM CLIII

Clinical Internship III

2.25 Semester Credits

The purpose of this course is to provide supervised clinical experience for the students treating their own patients. Support and guidance are provided to assist the students through the process of intake, diagnosis, treatment planning, formula selection and modification, and the integration of acupuncture and herbs in treatment. Students will achieve a solid level of independence in treatment during this course.

Chinese Herb Program Faculty

Core Faculty

Cara O. Frank, Dipl.Ac., Dipl.C.H. (NCCAOM)
R.Ac., New England School of Acupuncture

Associate Faculty

Jeff Gould, Dipl.Ac. and Dipl.C.H. (NCCAOM)
MAcOM, Oregon College of Oriental Medicine
M.Ed., University of Maryland, College Park

Wanzhu Hou, Nanjing University of Traditional Chinese Medicine

Jie Chen, O.M.D., Guangzhou University of Traditional Chinese Medicine (China)

Kelly Welch, Dipl.Ac. and Dipl.C.H. (NCCAOM)
M.S., Bastyr University

Assistant Faculty

Dan Parrish, M.Ac., Traditional Acupuncture Institute
(now Tai Sophia Institute)
Certificate in Chinese Herbs, Tai Sophia Institute

Chinese Herb Room Coordinator

Han Seung, M.S., biomedical science, Barry University
Acupuncture Diplomat, Maryland Institute of Traditional Chinese Medicine
Certificate in Chinese Herbs, Tai Sophia Institute



Tai Sophia Institute

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