



**Tai Sophia  
Institute**

# Tai Sophia Institute Fact Sheet

## 2011 Student Demographics †

<b>Current Enrollment</b>	<b>510 (100%)</b>
Acupuncture	199 (39.0%)
Herbal Medicine	39 (7.6%)
Nutrition & Integrative Health	46 (9.0%)
TLSC/AHA*	74 (14.5%)
Chinese Herbs	65 (12.7%)
Health Coaching	5 (1.0%)
Herbal Studies	18 (3.5%)
Medical Herbalism	12 (2.4%)
Transformative Leadership	16 (3.1%)
Wellness Coaching	30 (6.0%)
PASS**	6 (1.2%)

### Ethnicity

African American	53 (11.3%)
Asian	34 (7.2%)
Caucasian	315 (67.6%)
Hispanic/Latino	14 (3.0%)
Native American	1 (0.2%)
Unknown	48 (10.2%)
Mixed race	4 (0.9%)

### Age

The average student age is 41.  
Student population ranges in age from 22 to 71.

### Gender

Female	396 (84%)
Male	73 (16%)

## Geographic Regions

International	7 (1.5%)
Regional (DC, MD, VA, PA)	428 (91.3%)
Other States	34 (7.2%)

## Accreditation

Tai Sophia Institute is accredited by the Middle States Commission on Higher Education. The Institute's graduate certificates and degrees are endorsed by the Maryland Higher Education Commission (MHEC).

The Institute's Master of Acupuncture and Graduate Certificate in Chinese Herbs are accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM).

## Vision

Rooted in nature and timeless wisdom, Tai Sophia Institute will be an anchoring academic institution for a global wellness community that enables all of us to practice the arts of living and dying.

## Mission

Tai Sophia Institute is a graduate school for the healing arts and sciences characterized by our values-driven learning community and our commitment to shape the future of healthcare through personal and public service.

Our transformative and relationship-centered programs and services integrate the timeless wisdom of nature and ancient healing traditions with contemporary knowledge to develop practitioners and leaders capable of creating and sustaining individual and community wellness.

† This data was compiled October 15, 2011, and includes 469 individual students equal to 510 total program enrollments.  
Student demographics are updated annually.

\* Applied Healing Arts (AHA) is now called Master of Arts in Transformative Leadership and Social Change (TLSC).

\*\* Advanced Special Students are non-degree-seeking students who enroll in individual academic courses.

## Notable Dates

- **1974** – Incorporated in Maryland as the College of Chinese Acupuncture, U.S., by co-founders Bob Duggan and Dianne Connelly.
- **1975** – The Institute’s co-founders and their partners open the Centre for Traditional Acupuncture (now the Natural Care Center), one of Maryland’s first acupuncture clinics, in Columbia, MD.
- **1978** – The college amends its charter and the name is changed to the Traditional Acupuncture Institute (TAI).
- **1981** – First class in acupuncture begins.
- **1985** – TAI is the first school accredited by the National Accreditation Commission for Schools and Colleges of Acupuncture and Oriental Medicine (NACSCAOM), now known as the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM).
- **1986** – Maryland Higher Education Commission empowers TAI to bestow the Master of Acupuncture (M.Ac.) degree.
- **2000** – TAI is renamed Tai Sophia Institute to reflect its expanding mission and encompass its new programs.
- **2002** – New master’s programs in Herbal Medicine and Applied Healing Arts begin classes. Tai Sophia Institute moves to its new 12-acre campus south of Columbia, MD.
- **2006** – Tai Sophia Institute is accredited by the Middle States Commission on Higher Education.
- **2009** – Tai Sophia Institute enhances Applied Healing Arts program and changes program name to Transformative Leadership and Social Change. The Institute receives approval to offer graduate certificates in Transformative Leadership, Herbal Studies, and Medical Herbalism.
- **2010** – Tai Sophia Institute receives approval to offer graduate certificates in Health Coaching and Wellness Coaching.

## Renowned Guest Lecturers Include:

Roslyn Bruyere, D.D.	Deepak Chopra, M.D.
Effie Poy Yew Chow, Ph.D., L.Ac.	Joe Dispenza, D.C.
Barbara Dossey, Ph.D., R.N.	Larry Dossey, M.D.
Hans Peter Duerr, Ph.D.	Tracy Gaudet, M.D.
James Gordon, M.D.	Heiner Freuhoff, Ph.D. L.Ac.
Ivan Illich, Ph.D.	Nortin M. Hadler, M.D.
Roger Jahnke, O.M.D.	Joie Jones, Ph.D.
Mary Jo Kreitzer, Ph.D., R.N.	Claude Larre, S.J., Ph.D.
Nan Lu, O.M.D.	Michael Meade, D.H.L.
Andrew Newberg, M.D.	Elizabeth RoCHAT, Ph.D.
Rupert Sheldrake, Ph.D.	David Simon, M.D.
Fritz Smith, M.D., D.O., M.Ac.(UK)	Andrew Weil, M.D.
J.R. Worsley, Dr.Ac.(China)	Jeffrey Yuen, L.Ac.

## Highlights

- Tai Sophia has confirmed approximately 1,675 graduate certificates and degrees with graduates representing 38 states and five countries.
- Tai Sophia’s clinical services deliver 35,500 health and wellness treatments and consultations annually.
- Tai Sophia faculty and students donate more than 15,000 community service hours annually through clinical partnerships.
- Campus resources available to the public include a library, a bookstore, and herb and meditation gardens.
- Tai Sophia has partnerships and collaborations with Appalachian Center for Ethnobotanical Studies, Campaign for Better Health, The Center for Mind-Body Medicine, Citizens for Health, College of Notre Dame of Maryland, Howard Community College (Columbia, MD), Howard County, Maryland government, Howard County - Wellness Works, Johns Hopkins School of Medicine, Kennedy Krieger Institute, Leadership Howard County, Living Well with Montel Williams, Maryland Community Health Initiative, McCormick & Company, McCormick Science Institute, New England School of Acupuncture, Plant Medicine, Samueli Institute for Information Biology, University of Maryland School of Medicine, Center for Integrative Medicine, and Washington Adventist Hospital.

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**Tai Sophia  
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