



Tai Sophia Institute

Post-Master's Certificate in Women's Holistic Health

Now Enrolling for March 2012

Program Overview

The new **Post-Master's Certificate in Women's Holistic Health** is the first program of its kind to help acupuncturists address the health needs of female patients in all phases of the life cycle.

The holistic and integrative approach of this unique program provides students with an in-depth understanding of the comprehensive needs of women from puberty, through the childbearing years, to menopause and aging.

A faculty of experts in the field will teach in this 12-credit program, blending Eastern and Western medicine with proven traditional practices and modern science to create a "wisdom through the ages" learning experience.

Program Highlights

- Part-time, weekend format to accommodate working acupuncturists in nine weekend sessions over a nine-month period
- Special topics in puberty, fertility, pregnancy, childbirth, postpartum, menopause, aging, life cycle nutrition, gynecological disorders, and reproductive oncology
- Comprehensive and broad-based knowledge that can be immediately applied into clinical practice
- Knowledge to be conversant with a diverse network of healthcare providers
- Experienced faculty and prominent guest lecturers, including Dr. Randine Lewis, author and internationally renowned expert in the field of women's health and Chinese Medicine
- Presentations by Shady Grove Fertility Center on current Western medical practices in women's health
- Eligibility for federal financial aid and 180 Continuing Education Units



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Course Descriptions

WACP 709: Foundations of Women's Health and Wellness

1.0 credit

Women's health begins with understanding the nature of the Feminine. In Chinese medicine we use the term "Yin" to describe this experience. This course explores the physiological, psychological, spiritual, and developmental aspects of the feminine. Ancient healing wisdom and the practical application of the laws of nature in relation to women's health will be reviewed. Tools to restore and strengthen one's connection with the healing wisdom of the Yin will weave a richly woven tapestry that reaches back in time and grounds us in the lives of women today.

WACP 710: Anatomy and Physiology of Women from Western and Eastern Medical Perspectives

3.0 credits

This course reviews women's anatomy, reproductive systems, and menstrual cycles from Western and Chinese medical perspectives. Students learn practices that support women's reproductive health, including "Mayan Abdominal Therapy" and Wu Ming style Qi Gong for breast health. Additional topics include sexuality, birth control options, and sexually transmitted infections. Current research pertaining to Chinese medicine and women's health is presented.

WACP 711: Application of Chinese Medicine Theory I: General Principles of Treating Women in the Clinic

3.0 credits

This course explores the reproductive system through the combined lens of Chinese medicine and biomedicine. Students will explore disorders such as endometriosis, ovarian failure, polycystic ovarian syndrome, and tubal and uterine issues. In the second portion of this module, students will be introduced to the 5 Phases of the menstrual cycle and their related pulses, the origins of the Bao Mai, utilizing the Eight Extraordinary Vessels, and herbal strategies that support healthy menstruation.

WACP 712: Application of Chinese Medicine Theory II: Fertility and Childbirth

3.0 credits

In this course, practitioners deepen their knowledge of women's fertility and the childbearing experience. Fertility, assisted reproduction, pregnancy, childbirth, postpartum care, and breast-feeding are explored from a holistic perspective. Western medical treatments and procedures related to fertility, pregnancy, and childbearing, along with acupuncture, herbal, and complementary treatments, are presented. This course focuses on working in an integrative fashion with Western and other allied health care providers.

WACP 713: Application of Chinese Medicine Theory III: Perimenopause, Menopause, and Aging

1.0 credit

This course provides an in-depth study of the changes that occur in women beginning in midlife and beyond. Traditional Western and Chinese medical theory and practices designed to support women at this stage in life are discussed. Menopausal syndrome, hormone replacement therapy, and the prevention and treatment of osteoporosis are covered. This course guides practitioners in providing a holistic approach to care, which focuses on working in an integrative fashion with a diverse network of healthcare providers.

WACP 714: Application of Chinese Medicine Theory IV: Reproductive Oncology

1.0 credit

This course guides the acupuncture practitioner in the care of women who have been diagnosed with breast, cervical, ovarian, or uterine cancer. Traditional medical diagnostic procedures and protocols are reviewed. Chinese medical theory, and treatments to support patients who are receiving chemotherapy and radiation therapy are explored. Integrative healthcare programs available to patients with cancer are presented.

For additional information or to apply, please contact the Office of Graduate Admissions at 410-888-9048 ext. 6647, or admissions@tai.edu, or visit www.tai.edu.



Program Format

The Post-Master's Certificate in Women's Holistic Health is delivered in a format to accommodate working practitioners. The 12-credit program is designed to be completed in nine months of concentrated weekend study.

Classes are grouped in two- and three-day weekends. The two-day weekends are scheduled on Saturdays and Sundays and class hours are from 8:30 a.m. to 4:00 p.m. on both days. The three-day weekends include Fridays, 1:00 p.m. to 6:00 p.m., Saturdays, 8:30 a.m. to 5:30 p.m., and Sundays, 8:30 a.m. to 4:30 p.m.

Program Dates

WACP 709: Foundations of Women's Health and Wellness

March 31-April 1, 2012

WACP 710: Anatomy and Physiology of Women from Western and Eastern Medical Perspectives

May 4-6, 2012

June 1-3, 2012

WACP 711: Application of Chinese Medicine Theory I: General Principles of Treating Women in the Clinic

June 29-July 1, 2012

July 27-29, 2012

WACP 712: Application of Chinese Medicine Theory II: Fertility and Childbirth

August 24-26, 2012

September 21-23, 2012

WACP 713: Application of Chinese Medicine Theory III: Perimenopause, Menopause, and Aging

October 20-21, 2012

WACP 714: Application of Chinese Medicine Theory IV: Reproductive Oncology

November 17-18, 2012

Faculty

Biographies of faculty members are available online at www.tai.edu.

Program Manager

Linda Simons, M.Ac., L.Ac., R.N.

Core Faculty

Diane Gioioso, M.Ac., Dipl. Ac. (NCCAOM)

Jane Grissmer, M.Ac.(UK), Dipl. Ac. (NCCAOM)

Robin Johnsen, R.N., L.Ac., Dipl. Comp.

Kaiya Larson, M.Ac., L.Ac.

Evan Rabinowitz, M.Ac., Dipl. Ac. (NCCAOM)

Marianne Rothschild, M.D.

Adjunct Faculty

Tracey Burde, M.Ac., Dipl. Ac.

Antionette Fiumos, M.Ac., Dipl. Ac., (NCCAOM)

Tyme Gigliotti, M.Ac., L.Ac.

Christine Lee, M.A.O.M., Dipl. Ac. (NCCAOM) M.S.N.

Rose Truby-Scharff, M.Ac., L.Ac.

Distinguished Guest Lecturers

Dianne Connelly, Ph.D., M.Ac.(UK), Dipl. Ac. (NCCAOM)

Judith Duerk, M.S.

Donna Keefe, M.Ac., L.Ac., Dipl. Ac.

Randine Lewis, M.S.O.M., Ph.D., L.Ac.

Joseph E. Osheroff, M.D.

Rebecca Wilkinson, M.A., ART-BC



Admission Requirements

Prospective students must meet the following admission requirements:

- ❑ Have a minimum of a master's degree in Acupuncture or Oriental Medicine from an ACAOM accredited institution and submit an official transcript to verify completion.
- ❑ Submit official transcript of highest degree earned beyond a master's degree.

Financial Aid

There are a variety of financial aid options available for this program, including a limited number of scholarships. For funding options, please contact Director of Financial Aid John Gay, Jr. at 410-888-9048 ext. 6628 or jgay@tai.edu.

Tuition and Fees

Application Fee: \$50

Tuition Deposit: \$500

An individual accepted into one of Tai Sophia's academic programs will be billed a non-transferable, non-refundable tuition deposit. This fee holds a seat in the class for which the applicant has been accepted and will be applied to tuition upon matriculation. This fee is due upon acceptance and may be paid by cash, check, MasterCard, or Visa.

Tuition:

- \$525 per credit hour billed in two installments for a total of \$6300
- Special tuition rate for Tai Sophia Institute alumni and current students: \$405 per credit hour billed in two installments for a total of \$4860

About Tai Sophia Institute

Founded in 1974, today Tai Sophia Institute is a leading academic institution for health and wellness education, client care, and public policy discourse. Accredited by the Middle States Commission on Higher Education, the Institute offers graduate certificates and degrees in a wide range of wellness topics, as well as community workshops and continuing professional education programs.



Tai Sophia's network includes 10 clinical sites in the Baltimore/Washington corridor. These sites provide more than 35,500 treatments and consultations yearly to widely varied populations, which include individuals challenged by relationships with addictive substances as well as people who are unable to afford wellness services. Additionally, the Institute's faculty, students, and staff donate more than 15,000 hours of community service every year.

Standing on its commitment to be a leader in whole person wellness, Tai Sophia fosters and maintains collaborative relationships with leading academic, medical, and research institutions.



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410-888-9048 www.tai.edu

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